



Case Study: New Terrace for St Helena Hospice



St Helena Hospice provides a range of inpatient, outpatient, home and hospital care for people with life limiting illnesses in Essex.

As well as their 15 bed inpatient unit, the Hospice also runs two therapy and well-being centres and provides education, training and research for professionals working in palliative and end of life care.

St Helena Hospice applied to CRASH for assistance restoring the terrace area and paved walkways outside their inpatient unit that had fallen into disrepair so that their idyllic grounds could continue to be enjoyed by the patients, family and friends of the people they care for at this difficult time in their lives.

For patients with life limiting illnesses, the opportunity to enjoy fresh, open-air surroundings can be beneficial to their symptoms and provide an important relief to the challenges their illness puts on physical and mental well-being.

Arcadis, Maylim, Argent & Townsend Architects provided pro bono professional expertise

Forterra, ACO, Marshalls, A-Plant & Buildbase donated building materials

CRASH awarded a grant of £20,000 bringing the total value of support to £29,616





Before



During



After



CRASH called upon Patron companies to create a safe, calm and welcoming area for patients to safely access fresh air and enjoy the beautiful gardens.

Arcadis, Argent, and Maylim provided the professional expertise to design and specify to the project. Fellow Patrons Forterra, ACO, A-Plant and Buildbase donated bricks, galvanized grates and channels, fencing and other essential building materials. CRASH supporters Townsend Architects and Marshalls also assisted the project in terms of professional advice and building materials respectively.

CRASH awarded the St Helena Hospice a cash grant of £20,000 bringing the total value of support given to £29,616.

Speaking at the official opening of the terrace, St Helena Hospice Chief Executive Mark Jarman-Howe said: "It's great to have the support of CRASH to transform the terrace. It's made a massive difference to an area that is used by 300 patients and their families each year."

"The gardens so wonderfully maintained by volunteers has always been used as an extension to the IPU. Thanks to CRASH we have a lovely new terrace which can be accessed more safely and smoothly by patients on beds so that they can enjoy being outside in the garden with their family and friends."

Karen Causton
Head of the Inpatient Unit.

